Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Monday 31 Jul 2023 until 23:59 on Tuesday 01 Aug 2023

Forecast Issued on Sunday 30 Jul 2023 at 16:15 by Met Office Aberdeen

Confidence: Generally high Monday and Tuesday, but low for intensity of rain on Monday. Low for Wednesday with a chance of rain passing further south. Confidence improves for Thursday and Friday.

Headline for Monday 31 Jul 2023: Low cloud and rain for much of the day.

Mountain weather hazards on Monday 31 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
High Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
Medium Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Light rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Light rain	Light rain
Precipitation probability							
30%	80%	>95%	>95%	90%	90%	80%	70%

Forecast for Monday 31 Jul 2023

Weather: Rain soon spreads north in the early hours. Persistent, often heavy, rain across all ranges throughout Monday. Rain will turn lighter and patchy late evening.

Chance of cloud-free hill tops above 800m: Nil.

Low Cloud and visibility: Very poor visibility in rain and low cloud. Cloud extensive above 400-500m, occasionally to lower slopes across western hills.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Monday 31 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	9/11 SE	11/14 SE	15/19 SE	19/24 SE	20/26 S	20/27 S	17/22 S	12/16 SE	10/13 SE
900	9/11 SE	13/16 SE	14/18 SE	14/19 SE	16/21 S	16/22 S	14/19 S	10/14 SE	8/12 SE
600	5/7 E	7/10 E	9/12 E	10/15 SE	15/21 S	17/23 S	16/21 S	10/14 SE	7/10 SE
300	4/5 E	4/6 NE	5/8 NE	7/13 SE	10/16 S	10/16 S	8/14 S	5/10 SE	4/9 SE
Glen	2/5 SE	3/8 E	3/8 E	4/9 SE	9/17 S	9/18 S	8/15 SW	5/12 SW	3/8 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	6/4	7/4	6/3	7/3	7/3	7/3	7/3	6/3	6/3
900	8/5	8/4	8/5	9/6	10/7	10/7	10/7	9/6	8/6
600	11/10	11/10	11/9	12/10	12/9	12/9	12/9	11/9	11/9
300	12/12	12/12	12/12	13/12	14/12	14/12	14/12	13/12	12/12
Glen	13/12	13/13	13/13	14/14	16/14	16/14	15/14	14/14	14/14
Freezing Level*	2200m	2800m	2700m	2800m	2500m	2600m	2600m	2500m	2500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Very wet underfoot conditions with a risk of some paths and a slight risk of some access roads becoming flooded, but large uncertainty in intensity of the rain.

Forecast for Tuesday 01 Aug 2023

Weather: Some patchy light rain or drizzle and low cloud through the early hours. Turning largely dry through the morning. Scattered showers in the afternoon and early evening.

Maximum wind: Mainly easterly 10 mph gusting 15 mph.

Chance of cloud-free hill tops above 800m: Nil in the morning 30% in the afternoon.

Low Cloud and visibility: Mostly poor or very poor visibility in patchy rain and low cloud. Cloud extensive to around 400-500m early morning. Bases gradually lifting to around 800m by mid-morning, then 1200-1200m in the afternoon, with occasional breaks likely.

Temperature: **Glens:** Plus 13 Celsius rising to 17 Celsius.
At 800m: Plus 9 Celsius rising to 11 Celsius.
Freezing level: Above the summits.

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